



WYANDANCH UNION FREE SCHOOL DISTRICT WELLNESS WARRIOR NEWSLETTER

April is National Minority Health Month

Its purpose is to create awareness about health disparities among communities of color and encourage action through health education, early detection and treatment.



Earth Day 2021

Members of the Earth Rangers, EOC of Suffolk Leaders of the Future (LOTF) at Wyandanch Memorial High School, and Concerned Citizens of Wyandanch Civic Association, Inc. (CCWCA) have been participating in community clean-up activities.

Students are encouraged to use *Litterati*, a free app, in order to win prizes for picking up the most litter. The March winner is LOTF member and 10th grader, Caiya Cummings.

Children’s Environmental Health Advisory Board (CAB),

comprised of health experts and community leaders, is dedicated to advancing support, education and policy to address youth health in Wyandanch. CAB is promoting the theme “**Circles of Care,**” as a way to learn about the health needs and concerns of Wyandanch children and families. A virtual event scheduled on April 24th, will launch this theme and will be followed by future in person events. Information to be available shortly.

Wyandanch Wellness Updates

The district will be celebrating, **Every Kid Health Week—April 26—30** in each of our school buildings.

April is Stress Awareness Month, Social Emotional Learning continues to be a priority as Student Support Service teams across the district continue to support scholars and staff during “Wellness Wednesdays.”

LFH and MLO Gardens underway—MLO High Tunnel may get a new cover, thanks to our community partner NYIT!

We continue to address **food insecurity** as a district, as this March makes one year that a group of volunteers made it their focus to address this need. Each Wednesday we hold our community food distribution at LFH and WMHS, thanks to Island Harvest and our volunteers!

Wyandanch residents are asked to complete the **COMMUNITY HEALTH ASSESSMENT SURVEY (CHAS)*** to identify health needs. Survey is anonymous and based on one’s opinion.

Links to [English](#), [Spanish](#) and [Haitian Creole](#) Surveys:



Caiya is 2nd from the right

Participants bring their phones, gloves, and a garbage bag and help clean up the community. Not only are they beautifying Wyandanch, they are also engaging in physical activity.

Contact: Laurie Farber
info@starflowerexperiences.org

Introducing Wellness Champion, Mr. Joseph Marro, HS Music Teacher

If you haven’t already heard and read about Mr. Marro’s inspiring transformation, please check out the following Links and look forward to our next issue where he is interviewed.

[Newsday](#)

[People](#)

CONTACT MGranger@wufsd.net or DRhodes@wufsd.net for Information